

Peter Celec

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www.imbm.sk





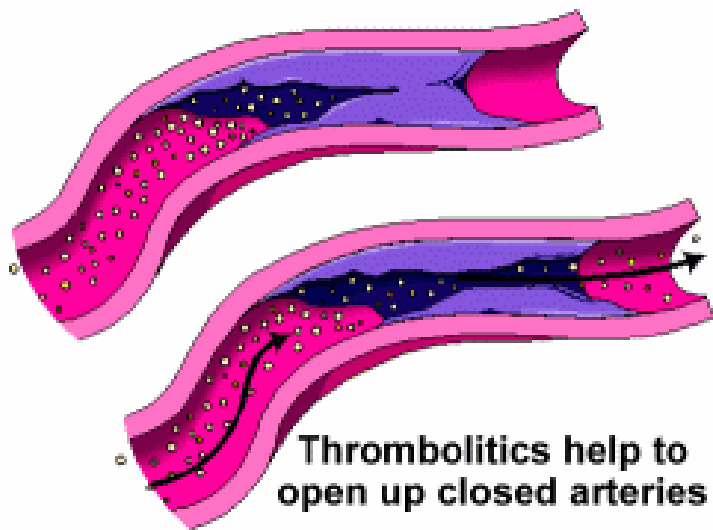
Normal coronary artery



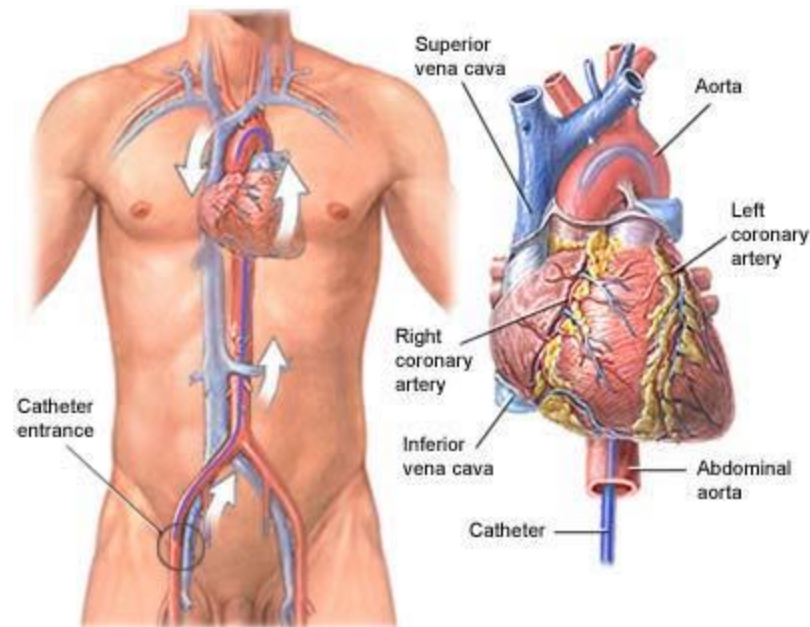
Atherosclerosis



Atherosclerosis with blood clot



Thrombolytics help to open up closed arteries



The NEW ENGLAND JOURNAL of MEDICINE

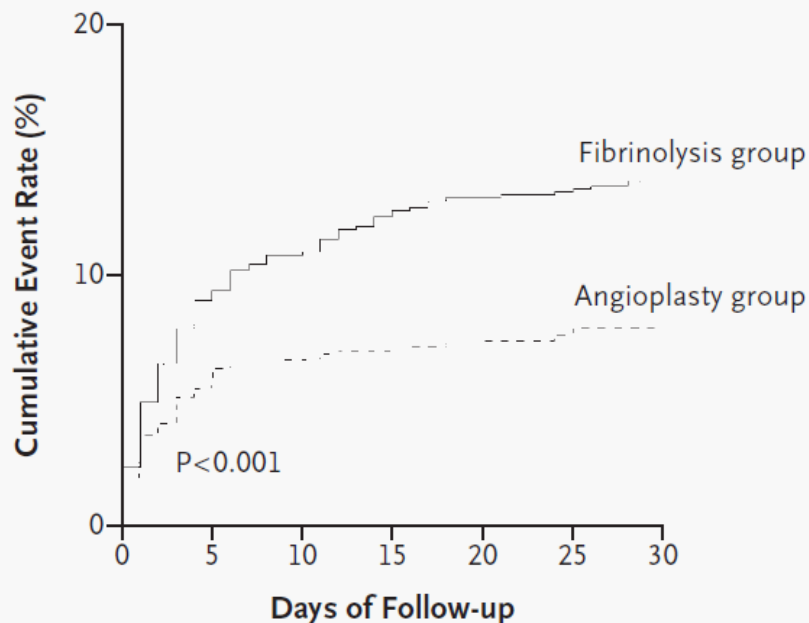
ESTABLISHED IN 1812

AUGUST 21, 2003

VOL. 349 NO. 8

A Comparison of Coronary Angioplasty with Fibrinolytic Therapy in Acute Myocardial Infarction

C All Patients



elsen, M.D., Klaus Rasmussen, M.D., Leif Thuesen, M.D.,
A.D., Ulrik Abildgaard, M.D., Flemming Pedersen, M.D.,
B. Villadsen, M.D., Lars R. Krusell, M.D., Torben Haghfelt, M.D.,
d, M.D., Else Vigholt, M.D., Henrik K. Kjaergard, M.D.,
n, M.Sc., for the DANAMI-2 Investigators*



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VOL. 348 NO. 12

ESTABLISHED IN 1812

MARCH 20, 2003

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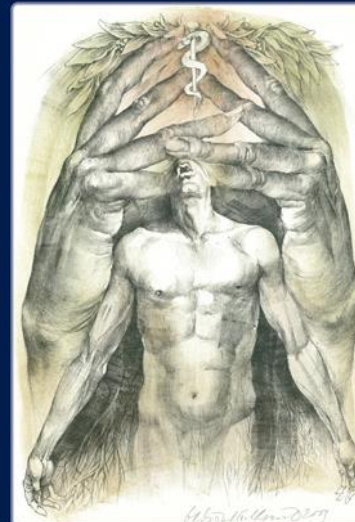
1077 THIS WEEK IN THE JOURNAL

ORIGINAL ARTICLES

- 1085 Clinical Spectrum of Obesity and Mutations in the Melanocortin 4 Receptor Gene
I.S. Farooqi and Others
- 1096 Binge Eating as a Major Phenotype of Melanocortin 4 Receptor Gene Mutations
R. Branson and Others
- 1104 Soluble CD40 Ligand in Acute Coronary Syndromes
C. Heeschen and Others
- 1112 An Outbreak of Conjunctivitis Due to Atypical *Streptococcus pneumoniae*

PERSPECTIVE

- 1079 Behind the Research: Medical Detection in the 21st Century
A. Zuger
 - 1081 Medicine and the Racial Divide
E.G. Phimister
 - 1083 A Death at Duke
E.W. Campion
- EDITORIALS
- 1160 Defective Melanocortin 4 Receptors in Hyperphagia and Morbid Obesity
J.F. List and J.F. Habener
 - 1162 CD40 Ligand — Assessing Risk Instead of Damage?

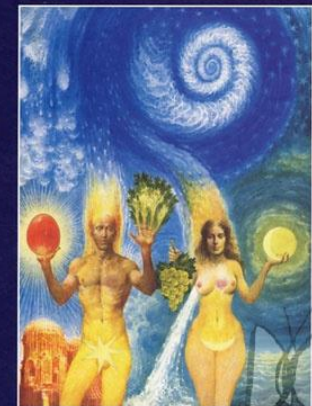


Kišnová, Hulín et al.
INTERNÁ MEDICÍNA



PRINCÍPY INTERNEJ MEDICÍNY

EDITORI
ĐURIS
HULÍN
BERNADIČ



Ako sa dostať k novým poznatkom?

- Hypotézy
- Prevencia vs diagnostika vs terapia
- Pozorovanie vs experimenty
- Klinické fázy
- Merania
- Štatistická analýza

The NEW ENGLAND JOURNAL

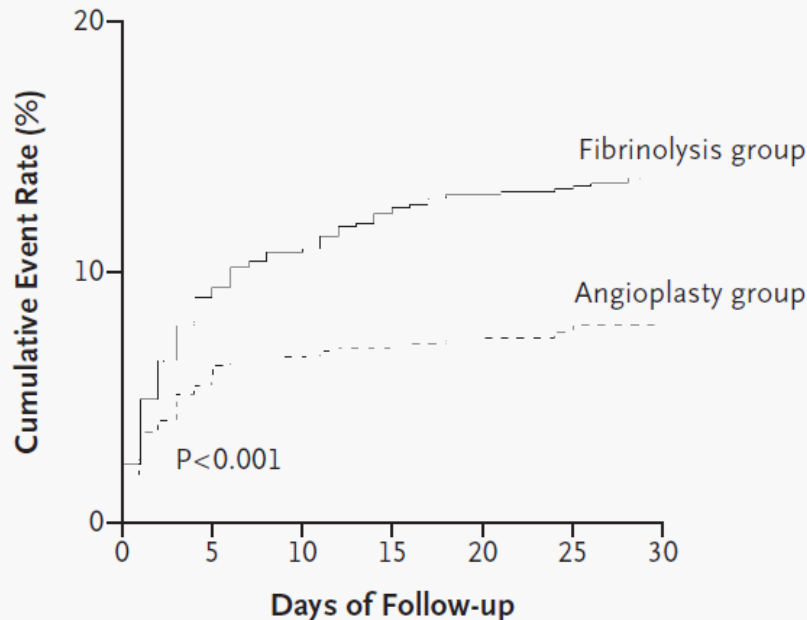
ESTABLISHED IN 1812

A Comparison with Fibrinolytic Therapy

Age

Base-Line Variable	Odds Ratio (95% CI)	P Value
All patients	0.55 (0.39–0.76)	<0.001
Referral hospitals	0.56 (0.38–0.81)	0.002
Invasive-treatment centers	0.52 (0.27–1.00)	0.05
Age ≤63 yr	0.55 (0.30–0.99)	0.04
Age >63 yr	0.54 (0.36–0.81)	0.002
Men	0.59 (0.39–0.90)	0.01
Women	0.47 (0.27–0.81)	0.005
Duration of symptoms		
<2 hr	0.54 (0.29–0.99)	0.04
2 to <4 hr	0.60 (0.35–1.02)	0.06
≥4 hr	0.53 (0.30–0.94)	0.03
Anterior acute MI	0.62 (0.41–0.93)	0.02
No anterior acute MI	0.44 (0.25–0.76)	0.003
Current smoker	0.56 (0.34–0.92)	0.02
Never smoked or ceased smoking	0.45 (0.27–0.74)	0.002
Diabetes	0.70 (0.24–2.03)	0.51
No diabetes	0.50 (0.35–0.71)	<0.001
Medical treatment		
Antihypertensive drugs	0.45 (0.22–0.93)	0.03
No antihypertensive drugs	0.52 (0.36–0.77)	<0.001
Aspirin	0.40 (0.21–0.76)	0.004
No aspirin	0.58 (0.39–0.87)	0.008
Beta-blockers	0.50 (0.21–1.18)	0.11
No beta-blockers	0.52 (0.36–0.76)	<0.001
ACE inhibitors	0.60 (0.20–1.76)	0.35
No ACE inhibitors	0.51 (0.36–0.73)	<0.001
Lipid-lowering drugs	0.11 (0.01–0.95)	0.02
No lipid-lowering drugs	0.55 (0.39–0.78)	<0.001

C All Patients



0.0 0.5 1.0 1.5 2.0
 Angioplasty Better Fibrinolysis Better





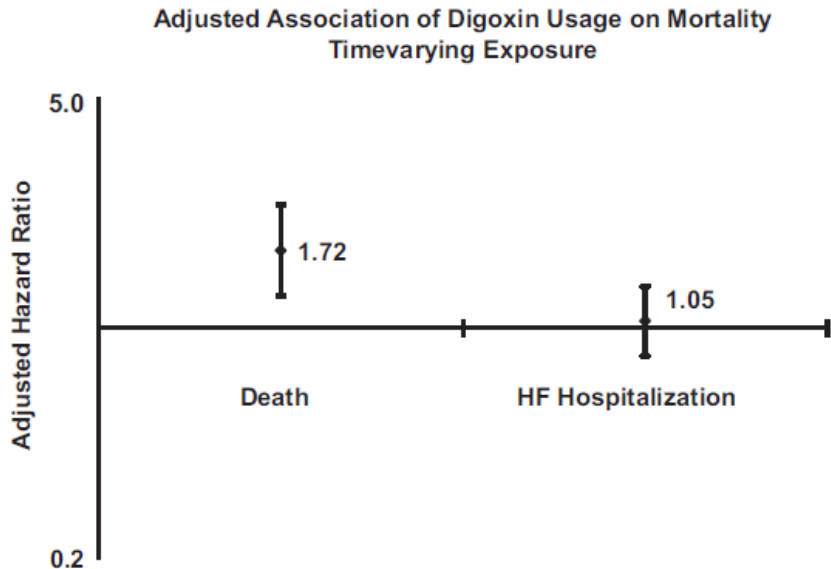
Inotropic agents for heart failure: what if digoxin increases mortality?

Effectiveness and Safety of Digoxin Among Contemporary Adults With Incident Systolic Heart Failure

W J Remme

James V. Freeman, MD, MPH; Jingrong Yang, MA; Sue Hee Sung, MPH; Mark A. Hlatky, MD; Alan S. Go, MD

Therapy	Death From Any Cause	Hospitalization for Heart Failure
	Adjusted Hazard Ratio (95% Confidence Interval)	
Overall cohort	1.72 (1.25-2.36)	1.05 (0.82-1.34)
Men (digoxin vs nondigoxin users)	1.64 (1.09-2.46)	1.11 (0.82-1.48)
Women (digoxin vs nondigoxin users)	1.69 (0.98-2.90)	1.04 (0.71-1.53)
Concurrent β -blockers (digoxin vs nondigoxin users)	1.55 (1.11-2.18)	1.08 (0.83-1.42)
No concurrent β -blockers (digoxin vs nondigoxin users)	2.49 (1.20-5.17)	0.88 (0.46-1.69)



Klinické štúdie

- Preklinické/Fázy I, II, III, IV
- Observačné / Intervenčné
 - Asociácie vs kauzálne vzťahy
- Placebom kontrolované
- Randomizované
- Dvojito slepé
- Multicentrické
- Prospektívne / retrospektívne
- Longitudinálne / prierezové
- Exklúzne / inklúzne kritériá

Meta-analýzy

- Kohorty z viacerých klinických štúdií
- Variabilita medzi štúdiami
- Štatistická analýza










- Vysoká informačná hodnota
- Váha veľkých čísel

Prístup ku klinickej medicíne

- Empírická medicína
- Expert opinion
- Evidence-based medicine (EBM)
 - Medicína založená na dôkazoch
 - Guidelines – protokoly

Kto je dobrý lékař?

- <http://howdovaccinescauseautism.com/>

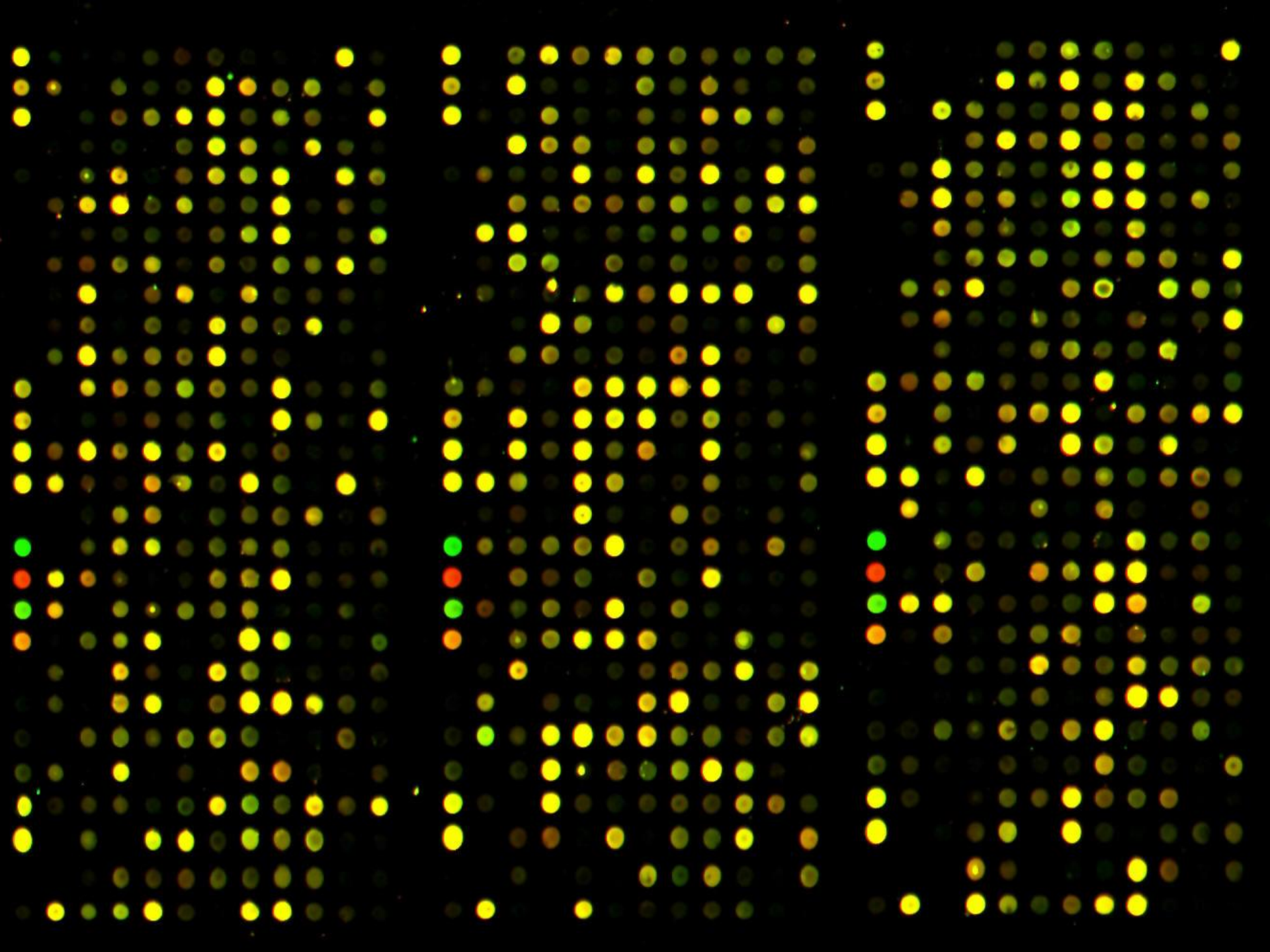
 <p>these children have autism</p>	 <p>these children had MMR</p>	 <p>therefore, MMR caused the children's autism</p>
 <p>these children have autism</p>	 <p>these children have teddy bears</p>	 <p>therefore, teddy bears cause autism</p>
 <p>all cats have four legs</p>	 <p>this animal has four legs</p>	 <p>therefore, this animal is a cat</p>

Kto je dobrý lekár?

- Číta
- Má aktuálne informácie (updated)
- Postupuje podľa aktuálnych protokolov
- Zdravotné poisťovne

Veda a medicína

- Čo je cieľom medicíny?
 - Uzdravený pacient? (onkológia, geriatra)
 - Spokojný pacient? (dotazníky, čakacie doby)
 - Maximalizovať benefit pre pacienta (protokoly)
- Čo je cieľom medicínskej vedy?
 - Zlepšovať klinickú prax? (aplikovaný výskum)
 - Hľadať pravdu? (veda)
- BIOmedicínsky výskum
 - Veľké zmeny – systémová biológia
 - Vieme, ale nerozumieme – vadí to?



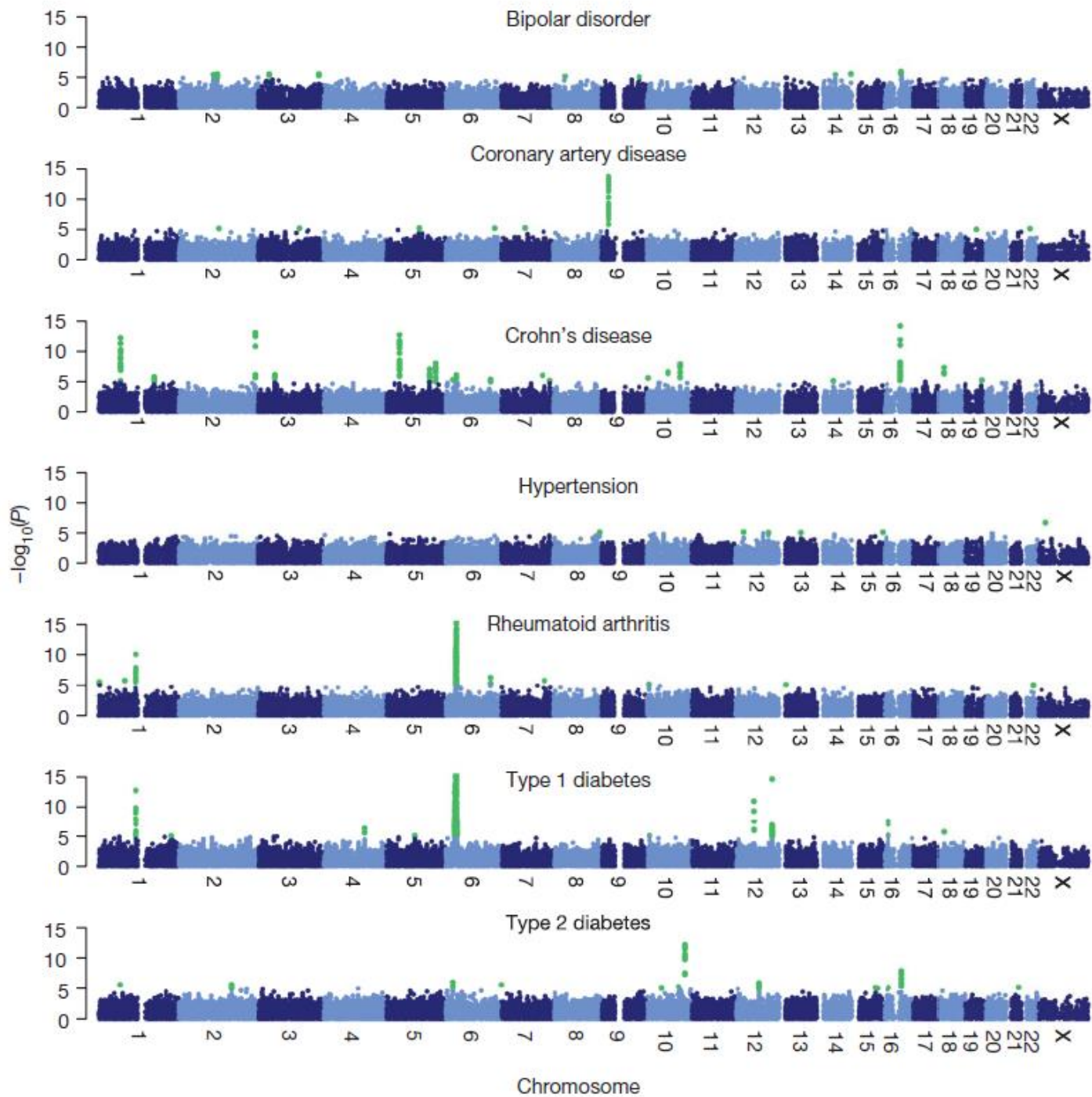
ARTICLES

Genome-wide association study of 14,000 cases of seven common diseases and 3,000 shared controls

The Wellcome Trust Case Control Consortium*

ARTICLES

Genome-wide association study of CNVs in 16,000 cases of eight common diseases and 3,000 shared controls



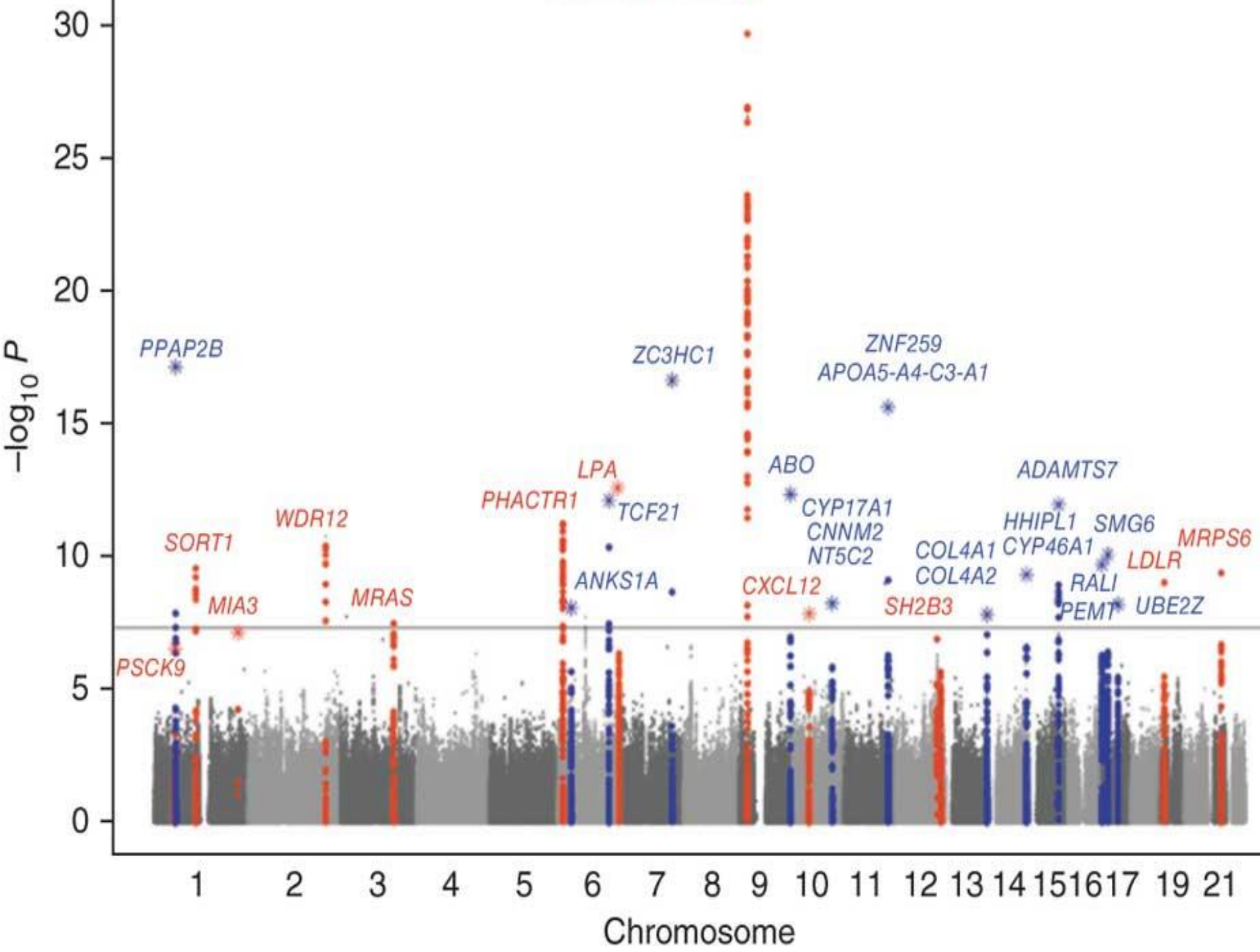


Table 3 | Regions of the genome showing the strongest association signals

Collection	Chromosome	Region (Mb)	SNP	Trend P value	Genotypic P value	$\log_{10}(\text{BF})$, additive	$\log_{10}(\text{BF})$, general	Risk allele	Minor allele	Heterozygote odds ratio	Homozygote odds ratio	Control MAF	Case MAF
Standard analysis													
BD	16p12	23.3–23.62	rs420259	2.19×10^{-04}	6.29×10^{-08}	1.96	4.79	A	G	2.08 (1.60–2.71)	2.07 (1.6–2.69)	0.282	0.248
CAD	9p21	21.93–22.12	rs1333049	1.79×10^{-14}	1.16×10^{-13}	11.66	11.19	C	C	1.47 (1.27–1.70)	1.9 (1.61–2.24)	0.474	0.554
CD	1p31	67.3–67.48	rs11805303	6.45×10^{-13}	5.85×10^{-12}	10.07	9.41	T	T	1.39 (1.22–1.58)	1.86 (1.54–2.24)	0.317	0.391
CD	2q37	233.92–234	rs10210302	7.10×10^{-14}	5.26×10^{-14}	11.11	11.28	T	C	1.19 (1.01–1.41)	1.85 (1.56–2.21)	0.481	0.402
CD	3p21	49.3–49.87	rs9858542	7.71×10^{-07}	3.58×10^{-08}	4.24	5.22	A	A	1.09 (0.96–1.24)	1.84 (1.49–2.26)	0.282	0.331
CD	5p13	40.32–40.66	rs17234657	2.13×10^{-13}	1.99×10^{-12}	10.41	9.89	G	G	1.54 (1.34–1.76)	2.32 (1.59–3.39)	0.125	0.181
CD	5q33	150.15–150.31	rs1000113	5.10×10^{-08}	3.15×10^{-07}	5.36	5.01	T	T	1.54 (1.31–1.82)	1.92 (0.92–4.00)	0.067	0.098
CD	10q21	64.06–64.31	rs10761659	2.68×10^{-07}	1.75×10^{-06}	4.69	4.13	G	A	1.23 (1.05–1.45)	1.55 (1.3–1.84)	0.461	0.406
CD	10q24	101.26–101.32	rs10883365	1.41×10^{-08}	5.82×10^{-08}	5.91	5.48	G	G	1.2 (1.03–1.39)	1.62 (1.37–1.92)	0.477	0.537
CD	16q12	49.02–49.4	rs17221417	9.36×10^{-12}	3.98×10^{-11}	8.93	8.47	G	G	1.29 (1.13–1.46)	1.92 (1.58–2.34)	0.287	0.356
CD	18p11	12.76–12.91	rs2542151	4.56×10^{-08}	2.03×10^{-07}	5.42	5.00	G	G	1.3 (1.14–1.48)	2.01 (1.46–2.76)	0.163	0.208
RA	1p13	113.54–114.16	rs6679677	4.90×10^{-26}	5.55×10^{-25}	22.36	21.99	A	A	1.98 (1.72–2.27)	3.32 (1.93–5.69)	0.096	0.168
RA	6	MHC	rs6457617*	3.44×10^{-76}	5.18×10^{-75}	74.84	73.18	T	T	2.36 (1.97–2.84)	5.21 (4.31–6.30)	0.489	0.685
T1D	1p13	113.54–114.16	rs6679677	1.17×10^{-26}	5.43×10^{-26}	23.07	22.83	A	A	1.82 (1.59–2.09)	5.19 (3.15–8.55)	0.096	0.169
T1D	6	MHC	rs9272346*	2.42×10^{-134}	5.47×10^{-134}	141.9	142.2	A	G	5.49 (4.83–6.24)	18.52 (27.03–12.69)	0.387	0.150
T1D	12q13	54.64–55.09	rs11171739	1.14×10^{-11}	9.71×10^{-11}	8.89	8.24	C	C	1.34 (1.17–1.54)	1.75 (1.48–2.06)	0.423	0.493
T1D	12q24	109.82–111.49	rs17696736	2.17×10^{-15}	1.51×10^{-14}	12.53	11.88	G	G	1.34 (1.16–1.53)	1.94 (1.65–2.29)	0.424	0.506
T1D	16p13	10.93–11.37	rs12708716	9.24×10^{-08}	4.92×10^{-07}	5.15	4.70	A	G	1.19 (0.97–1.45)	1.55 (1.27–1.89)	0.350	0.297
T2D	6p22	20.63–20.84	rs9465871	1.02×10^{-06}	3.34×10^{-07}	4.15	3.98	C	C	1.18 (1.04–1.34)	2.17 (1.6–2.95)	0.178	0.218
T2D	10q25	114.71–114.81	rs4506565	5.68×10^{-13}	5.05×10^{-12}	10.14	9.43	T	T	1.36 (1.2–1.54)	1.88 (1.56–2.27)	0.324	0.395
T2D	16q12	52.36–52.41	rs9939609	5.24×10^{-08}	1.91×10^{-07}	5.35	5.05	A	A	1.34 (1.17–1.52)	1.55 (1.3–1.84)	0.398	0.453
Multi-locus analysis													
T1D	4q27	123.26–123.92	rs6534347	4.48×10^{-07}	1.83×10^{-06}	5.15	4.69	A	A	1.30 (1.10–1.55)	1.49 (1.25–1.78)	0.351	0.402
T1D	12p13	9.71–9.86	rs3764021	7.19×10^{-05}	5.08×10^{-08}	2.12	4.55	C	T	1.57 (1.38–1.79)	1.48 (1.25–1.75)	0.467	0.426
Sex differentiated analysis													
RA	7q32	130.80–130.84	rs11761231	3.91×10^{-07}	1.37×10^{-06}	-	-	G	A	1.44 (1.19–1.75)	1.64 (1.35–1.99)	0.375	0.327
Combined cases													
RA+T1D	10p15	6.07–6.17	rs2104286	5.92×10^{-08}	2.52×10^{-07}	5.26	4.45	T	C	1.35 (1.11–1.65)	1.62 (1.34–1.97)	0.286	0.245

Regions with at least one SNP with a P value of less than 5×10^{-7} for our primary analyses. The \log_{10} value of the Bayes factor (BF) for the bayesian analysis corresponding to the trend and genotypic tests is also given. Region marks the boundaries of signal defined by recombination and return of test statistics to background levels. The minor allele is defined in the controls and its frequency in that group as well as the case sample is reported. MAF, minor allele frequency. Cluster plots for each SNP have been inspected visually, and are shown in Supplementary Fig. 10. Positions are in NCBI build-35 coordinates *Multiple SNPs in the MHC region are significant, we report the most extreme.

A Common Allele on Chromosome 9 Associated with Coronary Heart Disease

Ruth McPherson,^{1*}† Alexander Pertsemlidis,^{2*} Nihan Kavaslar,¹ Alexandre Stewart,¹ Robert Roberts,¹ David R. Cox,³ David A. Hinds,³ Len A. Pennacchio,^{4,5} Anne Tybjaerg-Hansen,⁶ Aaron R. Folsom,⁷ Eric Boerwinkle,⁸ Helen H. Hobbs,^{2,9} Jonathan C. Cohen^{2,10}†

Coronary heart disease (CHD) is a major cause of death in Western countries. We used genome-wide association scanning to identify a 58-kilobase interval on chromosome 9p21 that was consistently associated with CHD in six independent samples (more than 23,000 participants) from four Caucasian populations. This interval, which is located near the *CDKN2A* and *CDKN2B* genes, contains no annotated genes and is not associated with established CHD risk factors such as plasma lipoproteins, hypertension, or diabetes. Homozygotes for the risk allele make up 20 to 25% of Caucasians and have a ~30 to 40% increased risk of CHD.

Arterioscler Thromb Vasc Biol. 2009;29:1671-1677

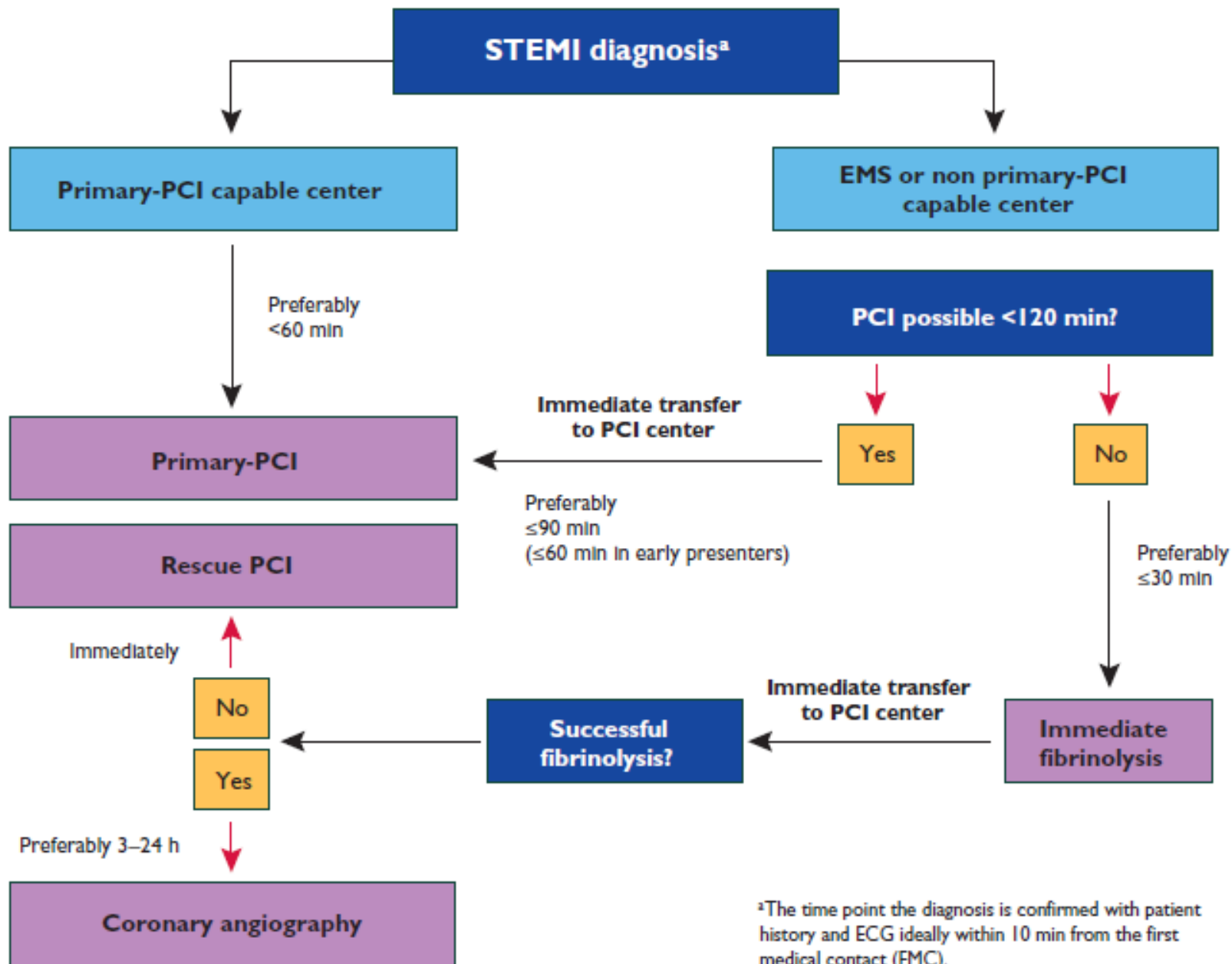
Functional Analysis of the Chromosome 9p21.3 Coronary Artery Disease Risk Locus

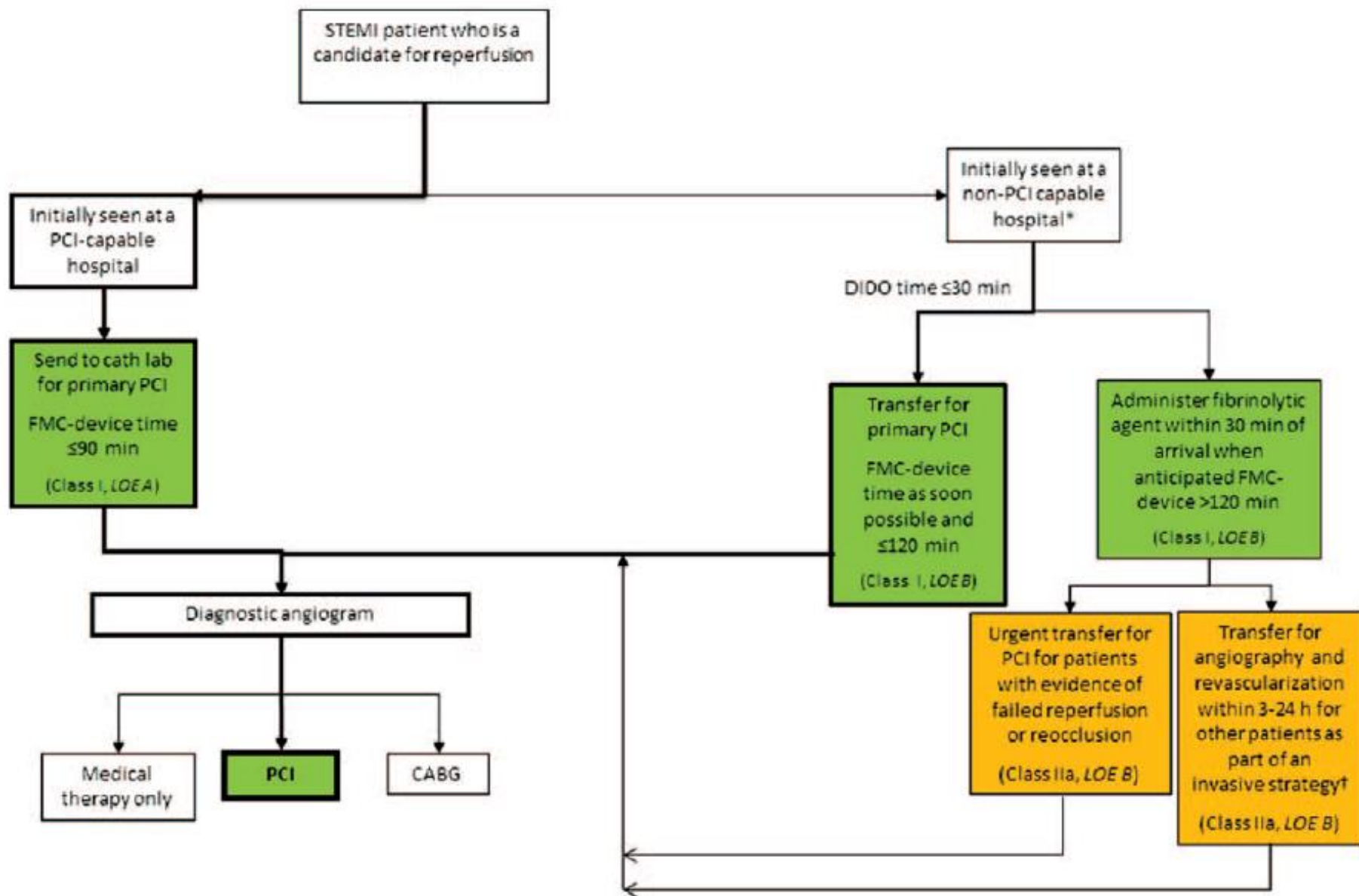
Olga Jarinova, Alexandre F.R. Stewart, Robert Roberts, George Wells, Paulina Lau, Thet Naing, Christine Buerki, Bradley W. McLean, Richard C. Cook, Joel S. Parker, Ruth McPherson

Targeted deletion of the 9p21 non-coding coronary artery disease risk interval in mice

Axel Visel^{1,2}, Yiwen Zhu¹, Dalit May¹, Veena Afzal¹, Elaine Gong¹, Catia Attanasio¹, Matthew J. Blow^{1,2}, Jonathan C. Cohen³, Edward M. Rubin^{1,2} & Len A. Pennacchio^{1,2}

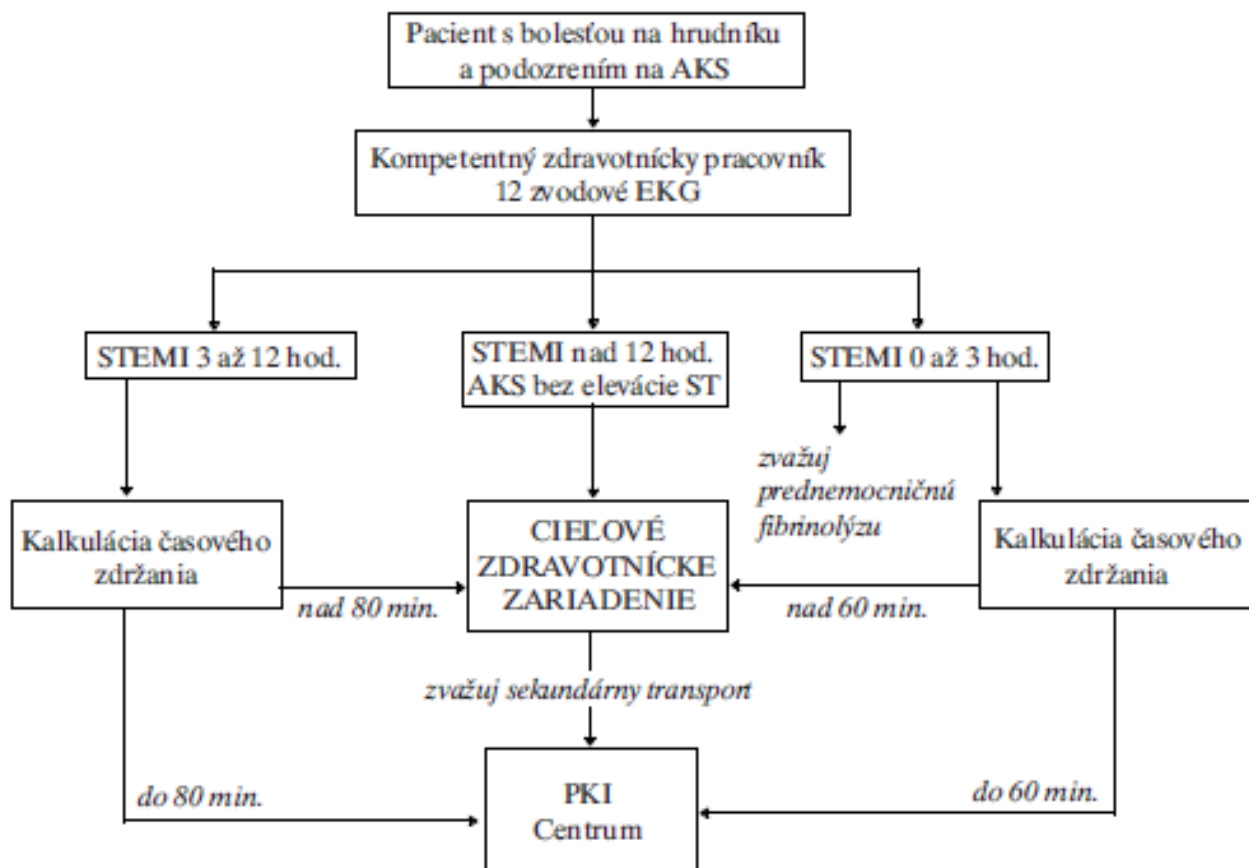
ESC Guidelines for the management of acute myocardial infarction in patients presenting with ST-segment elevation





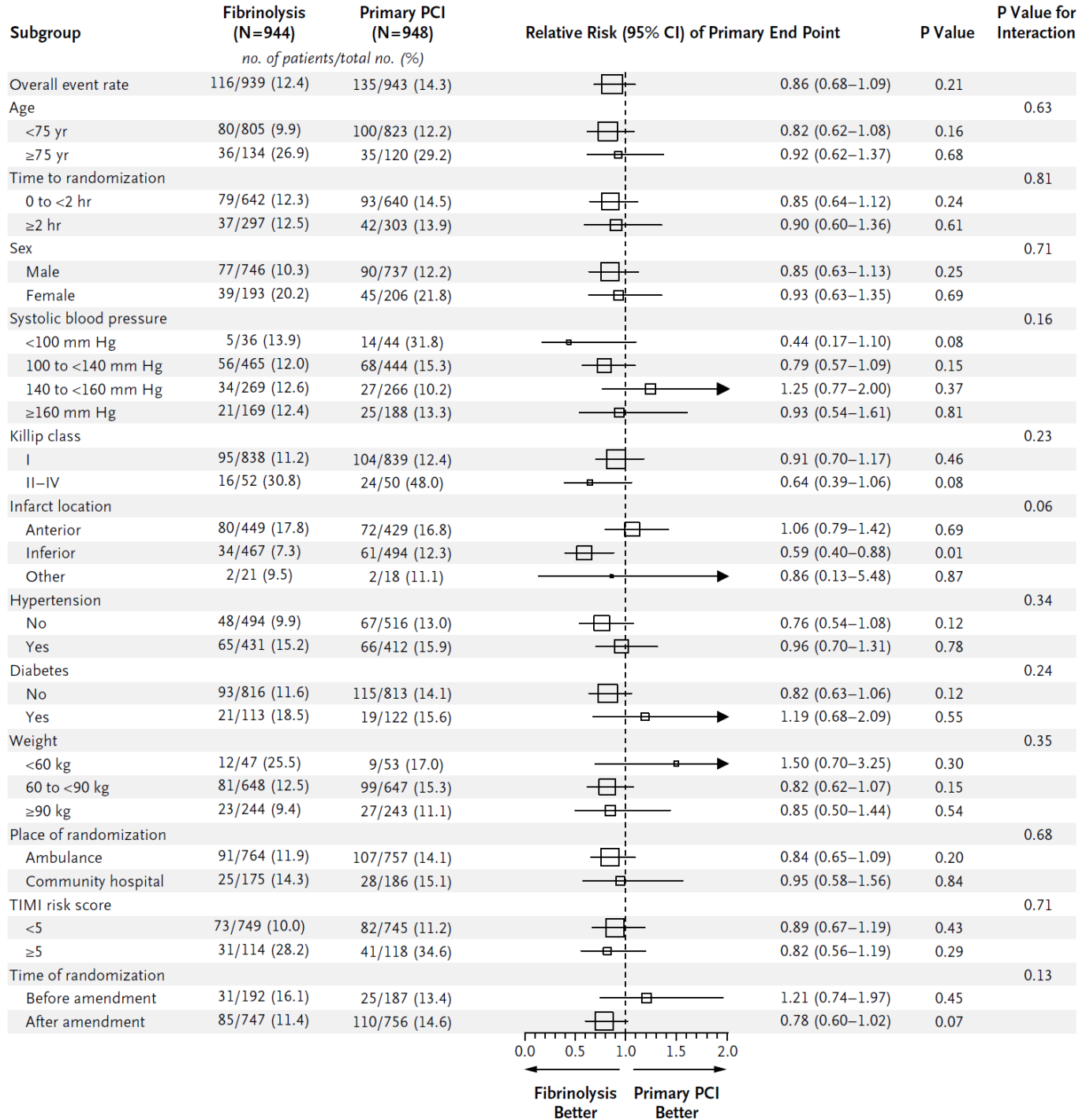
Odborné usmernenie Ministerstva zdravotníctva Slovenskej republiky

pre reperfúznú liečbu akútneho infarktu myokardu s eleváciami ST segmentu



Prístup ku klinickej medicíne

- Empírická medicína
- Expert opinion
- Evidence-based medicine (EBM)
 - Medicína založená na dôkazoch
 - Guidelines – protokoly
- **Individualizovaná medicína**



ESTA

Fibr

Paul W. A

Thierry Danay

Miodrag Ostojic

Hans-Richard A

Claudio Fr

Kris Bo

M.D.,

, Ph.D.,

.D., Ph.D.,

D., Ph.D.,

h.D.,

)*

Čo je výstupom vedy?

Publikácie!!!

Vitamín B17: Proti startnutiu a civilizačným ochoreniam

Sloboda v očkovaní

necenzurované informácie o očkovaní

Dr. Andrew Wakefield mal pravdu: MMR vakcína spôsobuje autizmus a zápalové ochorenie čriev

SVĚT BEZ RAKOVINY

PŘÍBĚH VITAMINU B17

EDWARD GRIFFIN



Rakovinu liečia vitamínom C už aj na Slovensku a v Česku, výsledky sú vraj veľmi povzbudivé

16.07.2013 Autor: Alex Berger, Diva.sk, Foto: Dreamstime

 Odporučit' < 2,8 tis.

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 **Stretnutie so zlom**

HOMEOPATIA – svedectvo lekárky 23. jún 2013

Rodičia detí po očkovaní šokujú: Prejavil sa u nich autizmus aj slepota!



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Publication dates

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[Guardian of truth.](#)

1. Brooks A.
Nurs Manag (Harrow). 2014 Jan;20(9):15. doi: 10.7748/nm2014.02.20.9.15.s16.
PMID: 24479919 [PubMed - in process]
[Related citations](#)

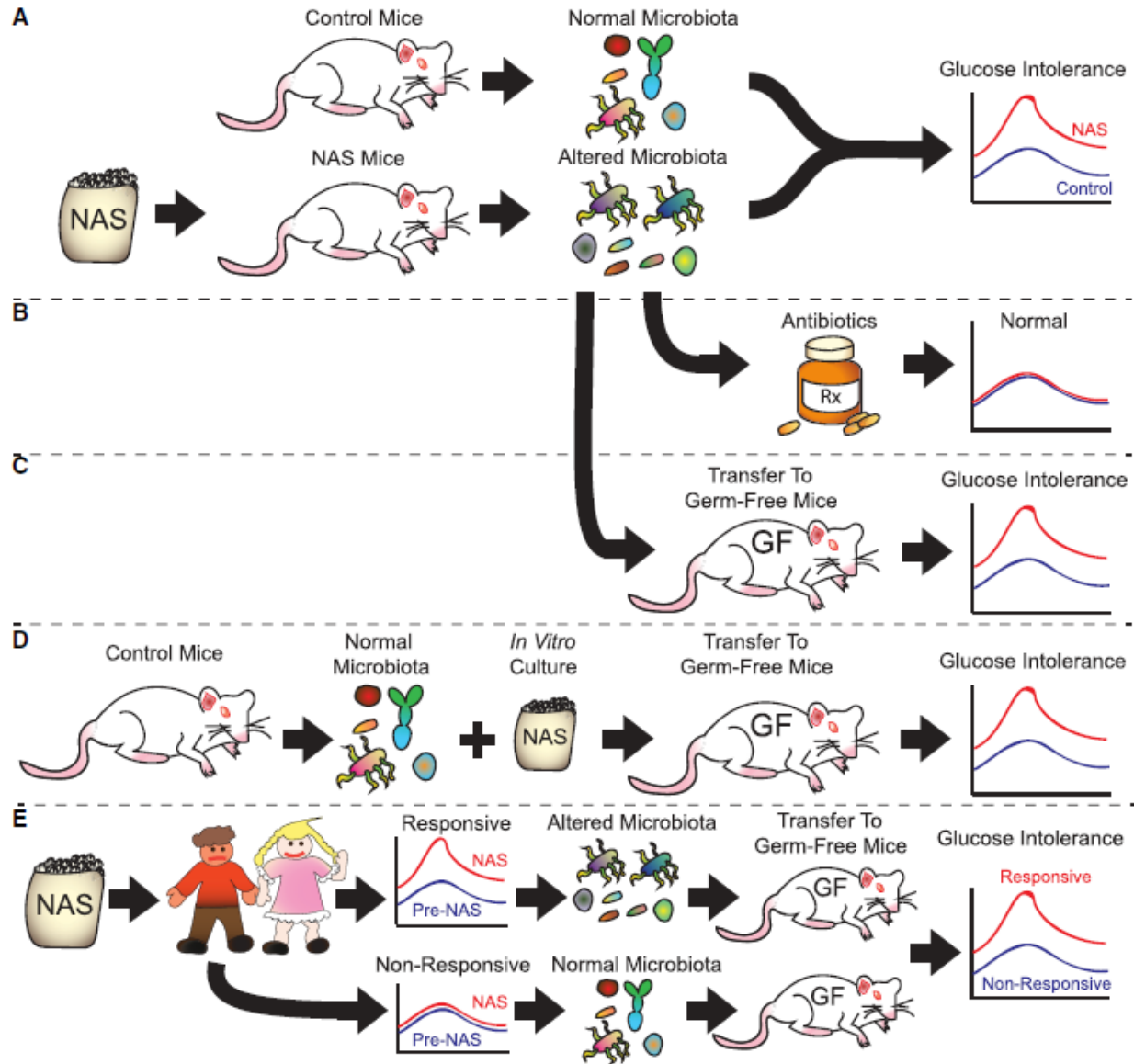
[Biomarker accuracy: exploring the truth.](#)

2. Ray CA.
Bioanalysis. 2014 Feb;6(3):269-71. doi: 10.4155/bio.13.322. No abstract available.
PMID: 24471946 [PubMed - in process] [Free Article](#)
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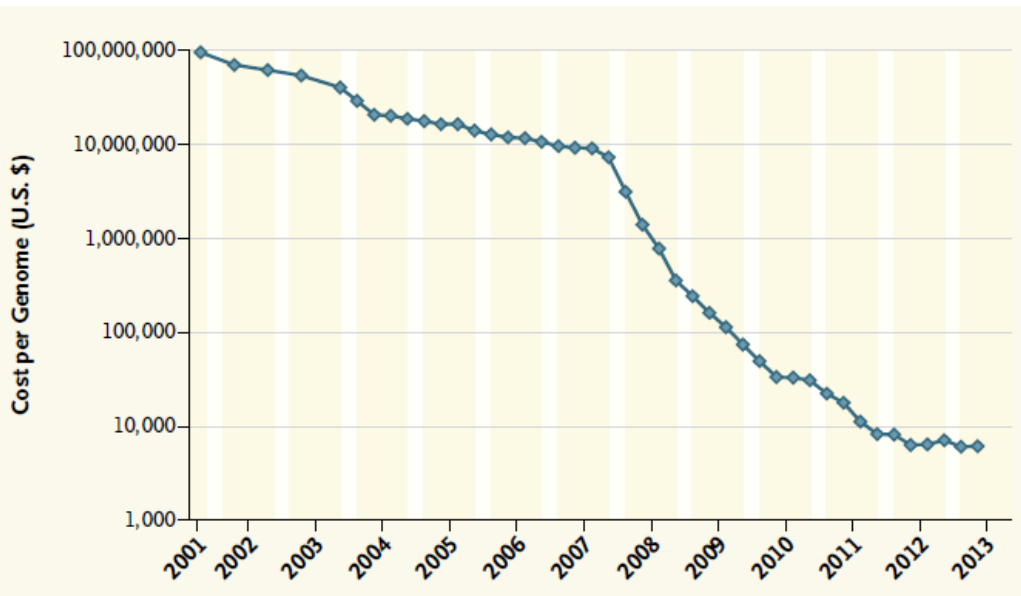
15 January 2014 Last updated at 16:58 GMT



Science enters \$1,000 genome era

PHARMA & HEALTHCARE | 1/14/2014 @ 9:14PM | 30 762 views

The \$1,000 Genome Arrives For Real, This Time



DECEMBER 24, 2012

Egypt Divided / Pot's Big Moment / Best of 2012 Movies, Music, Books & More

TIME

Want to Know My Future?

New genetic tests can point to risks—
but not always a cure

BY BONNIE ROCHMAN

www.time.com



Dennis Lo

THE LANCET

Early report

Presence of fetal DNA in maternal plasma and serum

Y M Dennis Lo, Noemi Corbetta, Paul F Chamberlain, Vik Rai, Ian L Sargent, Christopher W G Redman, James S Wainscoat

- Fetus is similar to a tumor
- Non-invasive prenatal diagnosis
 - Sex
 - RhD
 - Aneuploidies
 - Fetal genome





OPEN ACCESS Freely available online

 PLOS ONE

The Sorcerer II Global Ocean Sampling Expedition: Metagenomic Characterization of Viruses within Aquatic Microbial Samples

Shannon J. Williamson^{1*}, Douglas B. Rusch¹, Shibu Yooseph¹, Aaron L. Halpern¹, Karla B. Heidelberg^{1,2}, John I. Glass¹, Cynthia Andrews-Pfannkoch¹, Douglas Fadrosh¹, Christopher S. Miller³, Granger Sutton¹, Marvin Frazier¹, J. Craig Venter¹

1 J. Craig Venter Institute, Rockville, Maryland, United States of America, 2 University of Southern California, Los Angeles, California, United States of America, 3 Molecular Biology Institute, University of California at Los Angeles, Los Angeles, California, United States of America

Viruses are the most abundant biological entities on our planet. Interactions between viruses and their hosts impact several important biological processes in the world's oceans such as horizontal gene transfer, microbial diversity and biogeochemical cycling. Interrogation of microbial metagenomic sequence data collected as part of the Sorcerer II Global Ocean Expedition (GOS) revealed a high abundance of viral sequences, representing approximately 3% of the total predicted proteins. Cluster analyses of the viral sequences revealed hundreds to thousands of viral genes encoding various metabolic and cellular functions. Quantitative analyses of viral genes of host origin performed on the viral fraction of aquatic samples confirmed the viral nature of these sequences and suggested that significant portions of aquatic viral communities behave as reservoirs of such genetic material. Distributional and phylogenetic analyses of these host-derived viral sequences also suggested that viral acquisition of environmentally relevant genes of host origin is a more abundant and widespread phenomenon than previously appreciated. The predominant viral sequences identified within microbial fractions originated from tailed bacteriophages and exhibited varying global distributions according to viral family. Recruitment of GOS viral sequence fragments against 27 complete aquatic viral genomes revealed that only one reference bacteriophage genome was highly abundant and was closely related, but not identical, to the cyanomyovirus P-SSM4. The co-distribution across all sampling sites of P-SSM4-like sequences

Syntetická biológia

Generating a synthetic genome by whole genome assembly: ϕ X174 bacteriophage from synthetic oligonucleotides

Hamilton O. Smith, Clyde A. Hutchison III*, Cynthia Pfannkoch, and J. Craig Venter*

Institute for Biological Energy Alternatives, 1901 Research Boulevard, Suite 600, Rockville, MD 20850

Contributed by J. Craig Venter, November 3, 2003

We have improved upon the methodology and dramatically shortened the time required for accurate assembly of 5- to 6-kb segments of DNA from synthetic oligonucleotides. As a test of this methodology, we have established conditions for the rapid (14-day) assembly of the complete infectious genome of bacteriophage ϕ X174 (5,386 bp) from a single pool of chemically synthesized oligonucleotides. The procedure involves three key steps: (i) gel purification of pooled oligonucleotides to reduce contamination with molecules of incorrect chain length; (ii) ligation of the oligo-

truncated species. Although useful as primers for PCR an only small (a few hundred generally be accurately and di repair/selection steps. For ex assembly of a partially active segments of DNA from which could be transcribed was quit

Complete Chemical Synthesis, Assembly, and Cloning of a *Mycoplasma genitalium* Genome

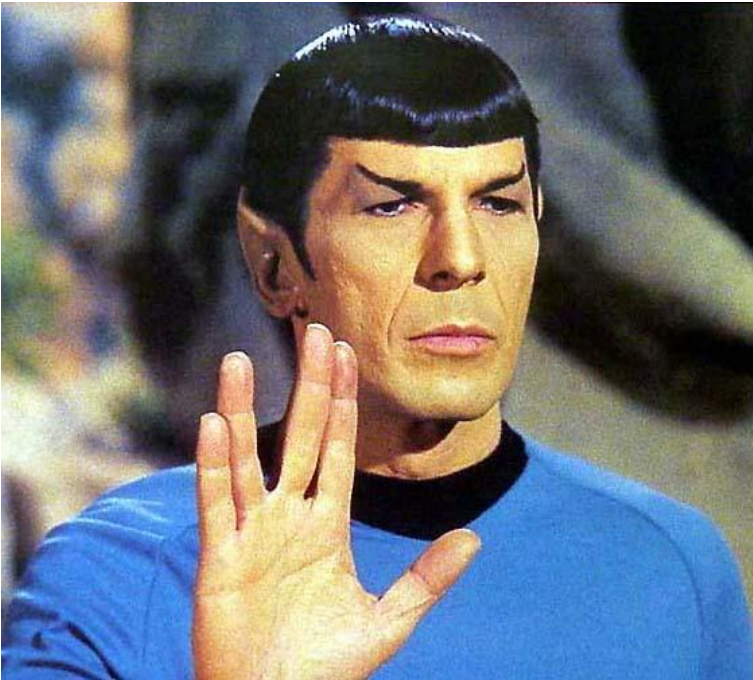
Evgeniya A. Denisova, David W. Thomas, J. Craig Venter, et al.

RESEARCH ARTICLE

me. This synthetic genome, *genitalium* G37 except ivity and to allow for " at intergenic sites known ases (kb), assembled from ination to produce l, and 144 kb ("1/4 *Escherichia coli*. Most of enomes with the correct ed by transformation- z, then isolated and ods described here will be ynthesized pieces and also

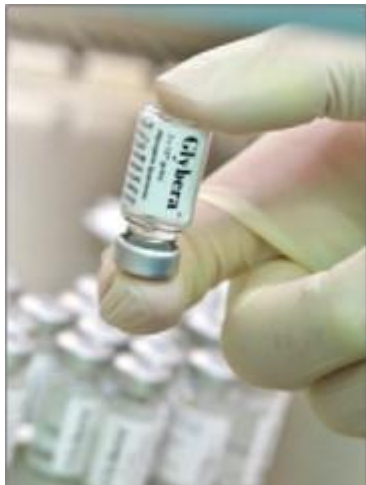
Creation of a Bacterial Cell Controlled by a Chemically Synthesized Genome

Génová terapia už nie je sci-fi



2 November 2012 Last updated at 11:00 GMT

Gene therapy: Glybera approved by European Commission

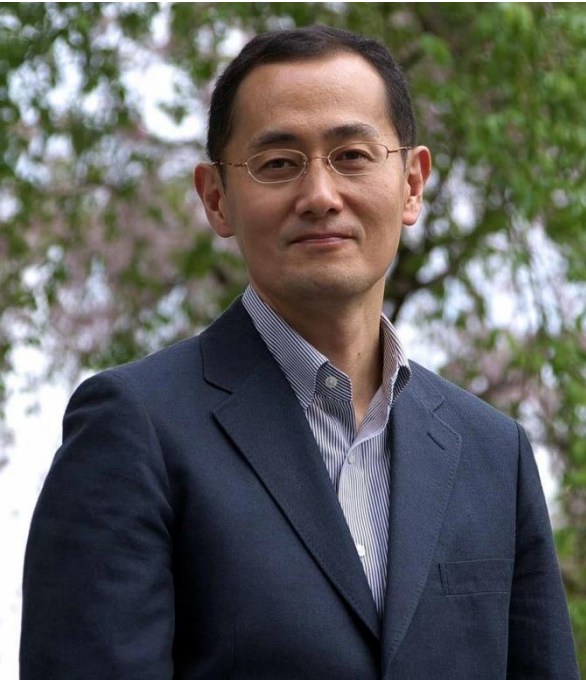


European Medicines Agency recommends first gene therapy for approval

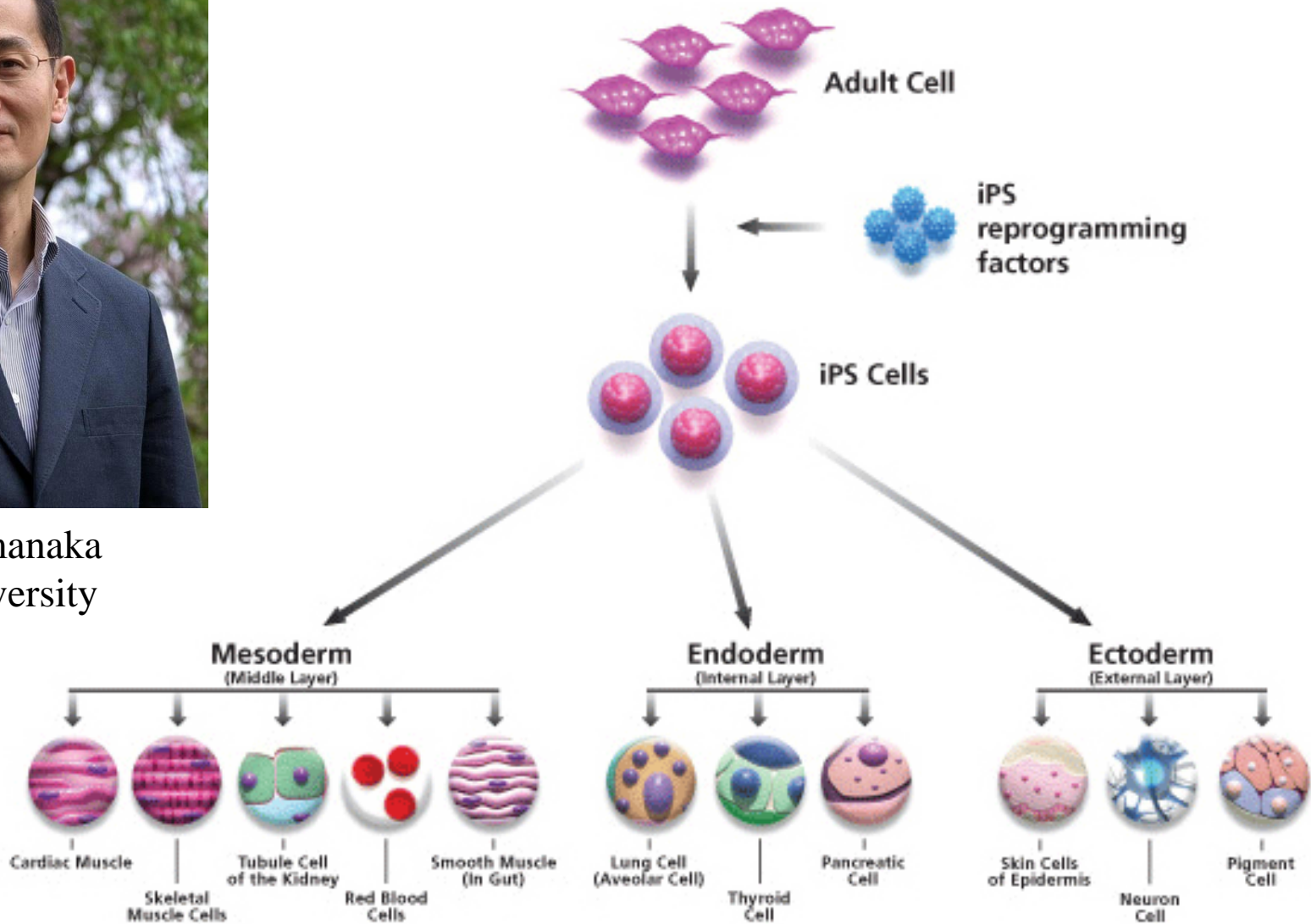


EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

iPSC



Shinya Yamanaka
Kyoto University



Personalizovaná medicína

NAME	CONFIDENCE	STATUS
Hemochromatosis (HFE-related)	★★★★	Variant Present
Familial Hypercholesterolemia Type B	★★★★	Variant Present
Phenylketonuria	★★★★	Variant Absent
Familial Dysautonomia	★★★★	Variant Absent
Canavan Disease	★★★★	Variant Absent

SHOW RESULTS FOR

Usher Syndrome Type III	★★★★	Variant Absent
TTR-Related Familial Amyloid Polyneuropathy	★★★★	Variant Absent
Pendred Syndrome	★★★★	Variant Absent
Tyrosinemia Type I	★★★★	Variant Absent
Hereditary Fructose Intolerance	★★★★	Variant Absent

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NAME	CONFIDENCE	STATUS
Hemochromatosis (HFE-related)	★★★★	Variant Present
Familial Hypercholesterolemia Type B	★★★★	Variant Present
Congenital Disorder of Glycosylation Type 1a (PMM2-CDG)	★★★★	Variant Absent
DPD Deficiency	★★★★	Variant Absent
Dihydropyrimidinase Deficiency	★★★★	Variant Absent
Neuronal Ceroid Lipofuscinosis (PPT1-related)	★★★★	Variant Absent
Medium-Chain Acyl-CoA Dehydrogenase (MCAD) Deficiency	★★★★	Variant Absent
Glycogen Storage Disease Type 1a	★★★★	Variant Absent
Glycogen Storage Disease Type 1b	★★★★	Variant Absent
Gaucher Disease	★★★★	Variant Absent
ARSACS	★★★★	Variant Absent
G6PD Deficiency	★★★★	Variant Absent
Cystic Fibrosis	★★★★	Variant Absent
Factor XI Deficiency	★★★★	Variant Absent
Zellweger Syndrome Spectrum	★★★★	Variant Absent
Nijmegen Breakage Syndrome	★★★★	Variant Absent
D-Bifunctional Protein Deficiency	★★★★	Variant Absent
Usher Syndrome Type I (PCDH15-related)	★★★★	Variant Absent
LAMB3-related Junctional Epidermolysis Bullosa	★★★★	Variant Absent
Familial Mediterranean Fever	★★★★	Variant Absent
Maple Syrup Urine Disease Type 1B	★★★★	Variant Absent
Tay-Sachs Disease	★★★★	Variant Absent
Agenesis of the Corpus Callosum with Peripheral Neuropathy (ACCPN)	★★★★	Variant Absent
Neuronal Ceroid Lipofuscinosis (CLN5-related)	★★★★	Variant Absent

Decreased Risk

NAME	CONFIDENCE	YOUR RISK	AVG. RISK	COMPARED TO AVERAGE
Gout	★★★★★	17.1%	22.8%	0.75x
Age-related Macular Degeneration	★★★★★	4.4%	6.5%	0.67x
Alzheimer's Disease	★★★★★	4.3%	7.2%	0.60x
Psoriasis	★★★★★	4.1%	11.4%	0.36x
Rheumatoid Arthritis	★★★★★	1.2%	2.4%	0.51x
Parkinson's Disease	★★★★★	0.94%	1.61%	0.58x
Restless Legs Syndrome	★★★★★	0.86%	1.96%	0.44x
Melanoma	★★★★★	0.74%	2.86%	0.26x
Ulcerative Colitis	★★★★★	0.46%	0.77%	0.59x
Multiple Sclerosis	★★★★★	0.24%	0.34%	0.69x
Exfoliation Glaucoma	★★★★★	0.16%	0.75%	0.22x
Crohn's Disease	★★★★★	0.13%	0.53%	0.24x
Type 1 Diabetes	★★★★★	0.12%	1.02%	0.12x
Celiac Disease	★★★★★	0.07%	0.12%	0.58x
Primary Biliary Cirrhosis	★★★★★	0.04%	0.08%	0.48x

Elevated Risk ?

NAME	CONFIDENCE	YOUR RISK	AVG. RISK	COMPARED TO AVERAGE
Atrial Fibrillation	★★★★★	41.6%	27.2%	1.53x
Prostate Cancer ♂	★★★★★	29.0%	17.8%	1.63x
Venous Thromboembolism	★★★★★	17.9%	12.3%	1.45x
Colorectal Cancer	★★★★★	8.0%	5.6%	1.44x
Esophageal Squamous Cell Carcinoma (ESCC)	★★★★★	0.43%	0.36%	1.21x
Stomach Cancer (Gastric Cardia Adenocarcinoma)	★★★★★	0.28%	0.23%	1.22x
Bipolar Disorder	★★★★★	0.15%	0.10%	1.44x

NAME	CONFIDENCE	STATUS
Proton Pump Inhibitor (PPI) Metabolism	★★★★★	Rapid
Warfarin (Coumadin®) Sensitivity	★★★★★	Increased
Sulfonylurea Drug Clearance (Type 2 Diabetes Treatment)	★★★★★	Reduced
Phenytoin (Dilantin®) Sensitivity (Epilepsy Drug)	★★★★★	Increased
Fluorouracil Toxicity	★★★★★	Typical



23andme

23andMe provides ancestry-related genetic reports and raw genetic data. At this time we do not offer health-related genetic reports. If you are a current customer please go to the [health page](#) for more information. Close alert



Department of Health and Human Services

Public Health Service
Food and Drug Administration
10903 New Hampshire Avenue
Silver Spring, MD 20993

Nov 22, 2013
Ann Wojcicki
CEO
23andMe, Inc.
1390 Shoreline Way
Mountain View, CA 94043

Document Number: GEN1300666
Re: Personal Genome Service (PGS)

WARNING LETTER



23andme

Should the FDA stop you from scaring yourself with 23andMe's DNA test?

BY EZRA KLEIN  December 6, 2013 at 9:19 am

FDA identifies the idiot gene: 23andMe users

The FDA vs. 23andMe: A Lesson for Health Care Entrepreneurs

Published: Sunday, 1 Dec 2013 | 7:00 AM ET

New evidence shows the FDA was wrong to halt 23andMe testing

Regulating 23andMe to Death Won't Stop the New Age of Genetic Testing

By Larry Downes and Paul Nunes

Radšej nevedieť?

Preventívne rozhodnutie

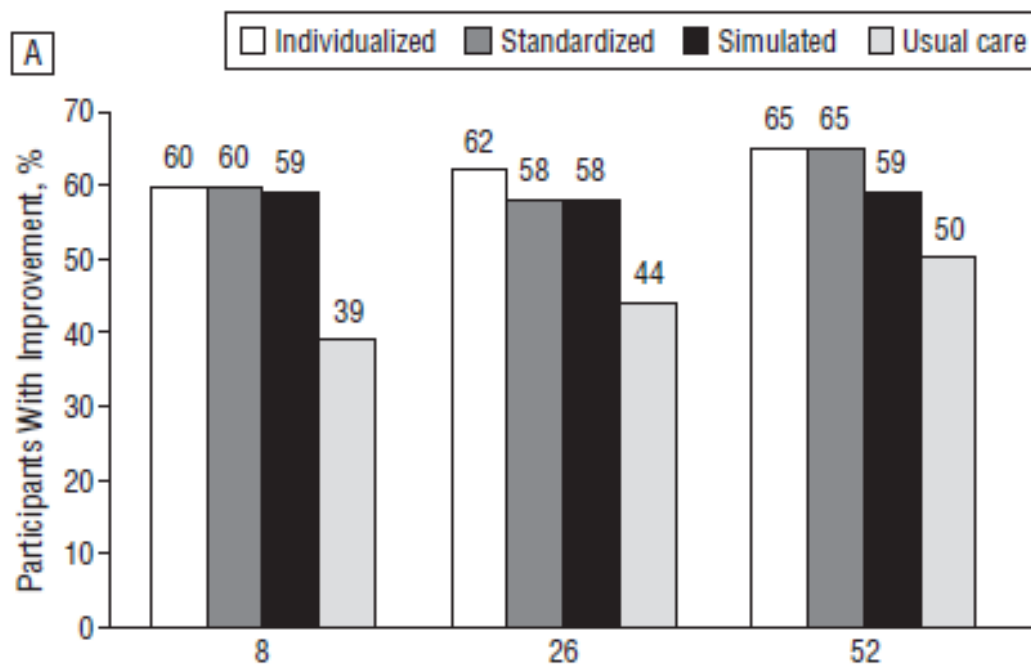
Lekári majú strach z nesprávnych interpretácií

Cholesterol? Tlakomery?

Strach pramení z neznalosti

A Randomized Trial Comparing Acupuncture, Simulated Acupuncture, and Usual Care for Chronic Low Back Pain

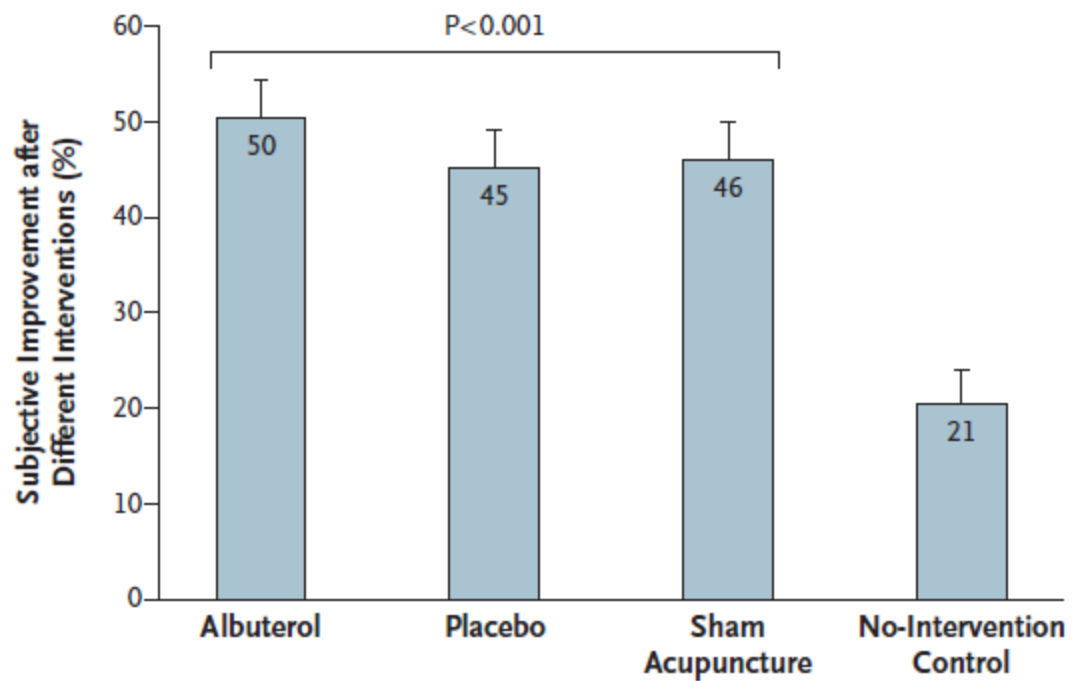
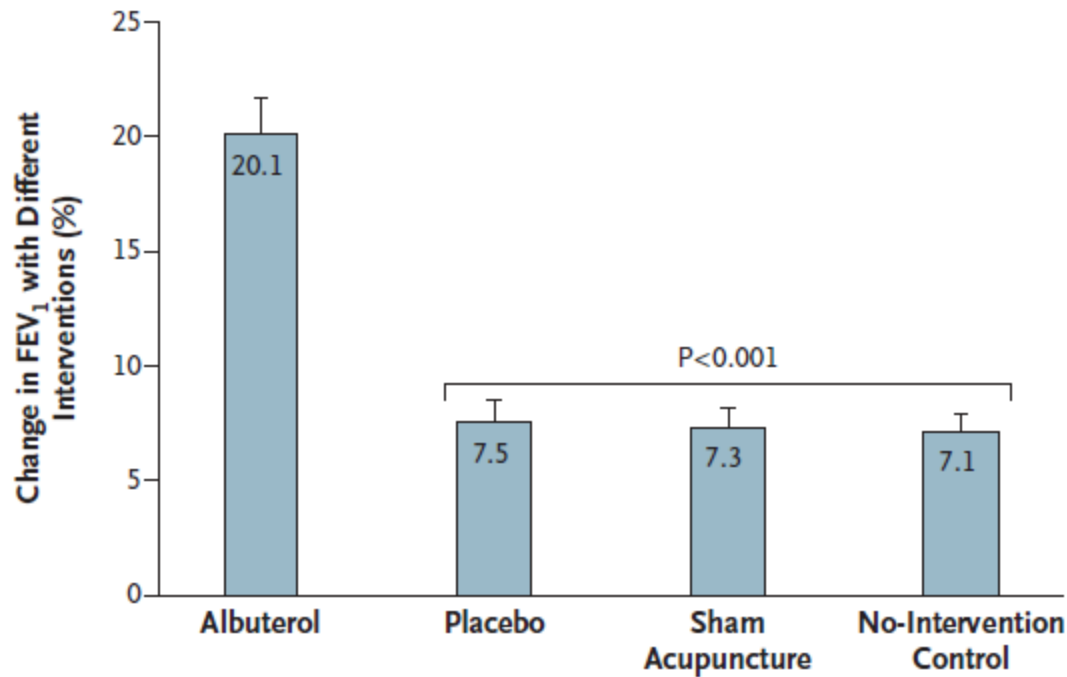
Daniel C. Cherkin, PhD; Karen J. Sherman, PhD; Andrew L. Avins, MD, MPH; Janet H. Erro, RN, MN; Laura Ichikawa, MS; William E. Barlow, PhD; Kristin Delaney, MPH; Rene Hawkes, BA; Luisa Hamilton, MD; Alice Pressman, MS; Partap S. Khalsa, DC, PhD; Richard A. Deyo, MD, MPH



ORIGINAL ARTICLE

Active Albuterol or Placebo, Sham Acupuncture, or No Intervention in Asthma

Michael E. Wechsler, M.D., John M. Kelley, Ph.D., Ingrid O.E. Boyd, M.P.H.,
Stefanie Dutile, B.S., Gautham Marigowda, M.B., Irving Kirsch, Ph.D.,
Elliot Israel, M.D., and Ted J. Kaptchuk



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RESEARCH LETTER

Commercial Features of Placebo and Therapeutic Efficacy

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Table. Comparison of Participants Assigned to Regular-Price Placebo vs Low-Price (Discounted) Placebo

	Regular Price (n = 41)	Low Price (n = 41)	P Value
Women, No. (%)	27 (65.9)	24 (58.5)	.50
Age, mean (SD), y	30.9 (12.4)	30.0 (11.4)	.74
Calibrated maximum tolerance, mean (SD), V	51.8 (18.7)	54.9 (23.3)	.50
Shocks received, No. (SD)	18.2 (7.2)	18.6 (9.1)	.80
Change in pain scores ^a			
All shocks, No. (%) [95% CI]			
Pain reduction	35 (85.4) [74.6-96.2]	25 (61.0) [46.1-75.9]	.02 ^b
Pain increase	6 (14.6) [3.8-25.5]	16 (39.0) [24.1-54.0]	

populations.⁴ Substantial evidence indicates that when the value of improved quality of life and productivity are considered, investments in health technology offer great returns.⁵ Assessing medical needs, building capacity, and promoting cost-effective innovation will help in realizing technology's potential for achieving better health in low-resource settings.

Disclosure forms provided by the authors are available with the full text of this article at NEJM.org.

From the Biodesign Program (S.R.S.), the Division of Gastroenterology and Hepatology (S.R.S.), Department of Medicine (S.R.S., M.B), and the Center for Innovation in Global Health (M.B.), Stanford University, Stanford, CA.

1. World Health Organization. First WHO global forum on medical devices: context, outcomes, and future actions. 2011. (http://www.who.int/medical_devices/gfmd_report_final.pdf.)
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(http://www.deloitte.com/assets/Dcom-India/Local%20Assets/Documents/Medical_technology_Industry_in_India.pdf.)

4. Institute of Medicine. Medical devices and the public's health: the FDA 510(k) clearance process at 35 years. July 29, 2011. (<http://www.iom.edu/Reports/2011/Medical-Devices-and-the-Publics-Health-The-FDA-510k-Clearance-Process-at-35-Years.aspx>.)

5. Health, retirement needs challenge an aging America. Press release of the National Institute on Aging, Bethesda, MD, September 28, 2004. (<http://www.nia.nih.gov/NewsAndEvents/PressReleases/PR20040928Health.htm>.)

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The Art of Doing Nothing

Lisa Rosenbaum, M.D.

N ENGL J MED 365;9 NEJM.ORG SEPTEMBER 1, 2011

The New England Journal of Medicine



The NEW ENGLAND
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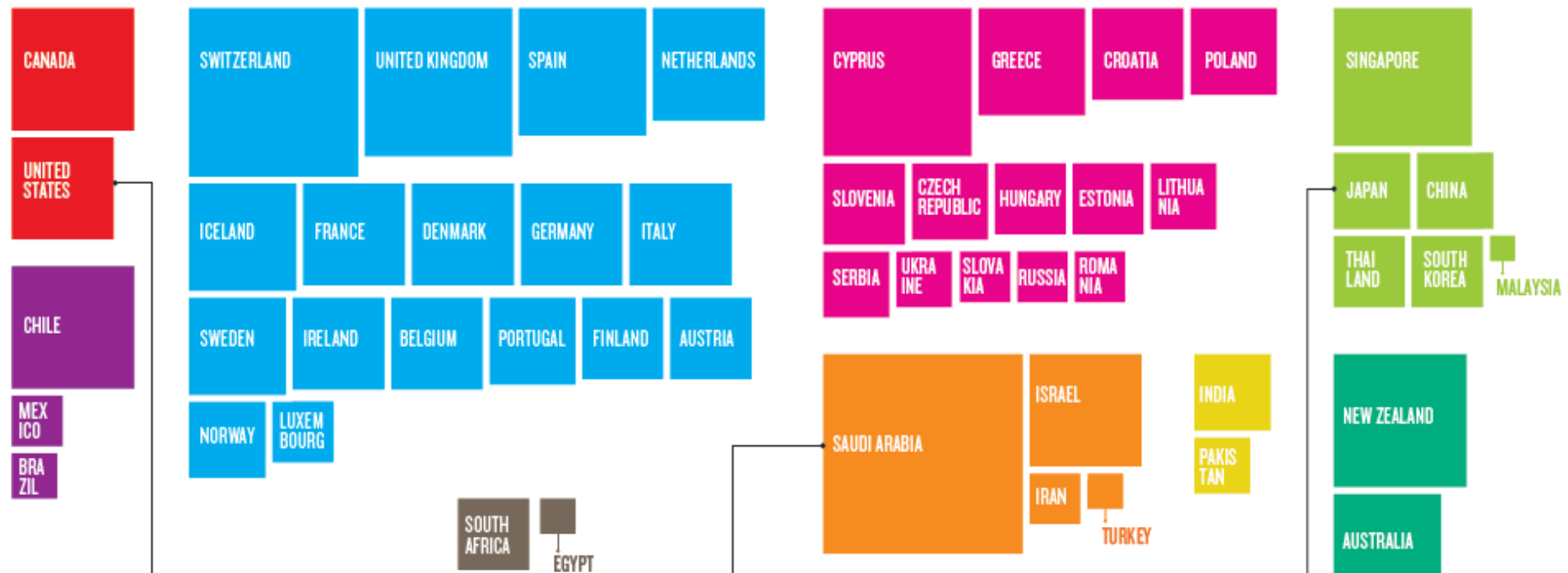


Nature Index Global 2014

3.42
Global efficiency average

FINANCIAL EFFICIENCY

Dividing a country's weighted fractional count (WFC) by its gross domestic expenditure on research and development (GERD, per US\$100,000, by purchasing power parity) gives a measure of its financial efficiency. So the larger the square, the higher the Nature Index output (as measured by WFC) per dollar invested.



The USA has the highest WFC but also spends more on research and development (R&D) than any other nation. Nearly half its output is in life sciences.

Saudi Arabia is ramping up its R&D spend but is still heavily focused on chemical and physical sciences.

Japan spends less than China, but has a lower WFC, making it marginally more efficient.

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